

# The Oulton Institute

## Weekly Programme

Monday	Morning	<b>Pilates</b>	<i>Anne Flaherty, 0770 620 7241</i>
	Afternoon	<b>Line Dancing</b>	<i>Rothwell Live at Home Scheme, 0113 288 0887</i>
		<b>Art Class</b>	<i>Pauline Hope, 0778 060 1917</i>
		<b>Children's Dance</b>	<i>Leeaine Hargreaves, 0790 415 4382</i>
	Evening	<b>Yoga</b>	<i>Constance Thorp, 0789 909 7175</i>
Tuesday	Morning	<b>Tumble Tots</b>	<i>Angela Kuszyk, 0796 804 1911</i>
	Afternoon	<b>Coffee Morning</b>	<i>Pauline Hope, 0778 060 1917</i>
		<b>Ballroom Dance</b>	<i>Cynthia Coleman, 0788 947 8356</i>
		<b>Red Carpet Theatre</b>	<i>Jo Kearsley, 0774 351 8706</i>
	Evening	<b>Salsa</b>	<i>Pauline Hope, 0778 060 1917</i>
Wednesday	Morning	<b>Baby Massage &amp; Yoga</b>	<i>Amanda Shuttler, 0770 900 7048</i>
	Afternoon	<b>Children's Dance</b>	<i>Leeaine Hargreaves, 0790 415 4382</i>
	Evening	<b>Cake Decorating</b>	<i>Margot Palfrey, 0113 282 5600</i>
Thursday	Morning	<b>Play &amp; Stay / Messy Play</b>	<i>Amanda Shuttler, 0770 900 7048</i>
	Afternoon	<b>Glow&amp;Grow</b>	<i>Charlotte Rehman, 0788 977 4834</i>
		<b>Children's Dance</b>	<i>Leeaine Hargreaves, 0790 415 4382</i>
	Evening	<b>Ashtanga Yoga</b>	<i>Janaka Tennakoon, 0755 375 2003</i>
		<b>Cake Decorating</b>	<i>Margot Palfrey, 0113 282 5600</i>
		<b>Let's Sing 26 Choir</b>	<i>Janet Crowther, 0788 191 3765</i>
Friday	Morning	<b>Mini Maestros</b>	<i>Irene Tang, 0798 419 8234</i>
	Afternoon	<b>Tumble Tots</b>	<i>Angela Kuszyk, 0796 804 1911</i>
		<b>Ballroom Dance</b>	<i>Cynthia Coleman, 0788 947 8356</i>
		<b>English Tutoring</b>	<i>Marie Coleman, 0778 976 7385</i>
Saturday	Morning	<b>Fitness Training</b>	<i>Grant Roberts, 0750 090 8896</i>
	Afternoon	<b>Ballroom Dance</b>	<i>Cynthia Coleman, 0788 947 8356</i>
		<b>Red Carpet Theatre</b>	<i>Jo Kearsley, 0774 351 8706</i>

### Monthly Events

2<sup>nd</sup> Wednesday Evening

**Oulton Ladies**, Pat Howarth, 0113 282 2064

2<sup>nd</sup> & 4<sup>th</sup> Thursday Afternoon

**Create & Chat**, Pauline Hope, 0778 060 1917

3<sup>rd</sup> Thursday Lunchtime

**Mainly Men**, Rothwell Live at Home Scheme, 0113 288 0887

Thursday Morning (4 weekly)

**Sling Library**, Cuddleup Slings, 0773 815 1128

**To book the Institute for other events (Children's Birthday Parties etc.) contact:  
Ron Walker on 0113 282 2520, 0780 291 6447 or [ron.j.walker@btinternet.com](mailto:ron.j.walker@btinternet.com)**